

Crisis24 Travel Risk Ratings and CU Travel Restrictions

For CU-related international travel, **all** travelers must comply with the Travel and Activity Planning Policy.

Ratings below are as of July 1, 2026. Please verify your destination's Crisis24 Travel Risk Rating and CU Travel Restrictions while planning travel.

Country	Crisis24 Location Specifics	Crisis24 Risk Ratings	CU Travel Restrictions
Afghanistan	The entire country of Afghanistan	Extreme	
Albania	The entire country of Albania	Moderate	
Algeria	The entire country of Algeria	High	
American Samoa (US)	The entire country of American Samoa (US)	Low	
Andorra	The entire country of Andorra	Minimal	
Angola	All other areas of Angola	Moderate	
	The provinces of Cabinda and Lunda Norte; the cities of Cabinda and Huambo	High	
Anguilla (UK)	The entire country of Anguilla (UK)	Low	
Antigua and Barbuda	All other areas of Antigua and Barbuda	Low	
	The entire province of Barbuda	Moderate	
Argentina	The entire country of Argentina	Moderate	
Armenia	The entire country of Armenia	Moderate	
Aruba	The entire country of Aruba	Low	
Australia	The entire country of Australia	Low	
Austria	The entire country of Austria	Low	
Azerbaijan	All other areas of Zerbaijan	Moderate	
	The provinces of Julfa, Kalbajar, Lankaran, and Sadarak	High	
Bahamas	All other areas of the Bahamas	Low	
	The provinces of Central Abaco, East Grand Bahama, North Abaco, and West Grand Bahama	High	
Bahrain	The entire country of Bahrain	Moderate	
Bangladesh	The entire country of Bangladesh	High	
Barbados	The entire country of Barbados	Low	
Belarus	The entire country of Belarus	High	Subject to CU Travel Restrictions.
Belgium	The entire country of Belgium	Low	

Belize	The entire country of Belize	Moderate	
Benin	All other areas of Benin	Moderate	
	The provinces of Aibori and Borgou	High	
Bermuda (UK)	The entire country of Bermuda	Low	
Bhutan	The entire country of Bhutan	Low	
Bolivia	All other areas of Bolivia	Moderate	
	The city of La Paz; the provinces of Oruro and Potosi	High	
Bonaire (Netherlands)	The entire country of Bonaire (Netherlands)	Low	
Bosnia and Herzegovina	The entire country of Bosnia and Herzegovina	Moderate	
Botswana	The entire country of Botswana	Low	
Brazil	All other areas of Brazil	Moderate	
	The cities of Fortaleza and Salvador	High	
British Virgin Islands (UK)	The entire country/province of British Virgin Islands	Minimal	
	The city of Road Town	Low	
Brunei	The entire country of Brunei	Low	
Bulgaria	The entire country of Bulgaria	Moderate	
Burkina Faso	The entire country of Burkina Faso	Extreme	
Burundi	All other areas of Burundi	High	
	The provinces of Bubanza and Cibitoke	Extreme	
Cambodia	The entire country of Cambodia	Moderate	
Cameroon	All other areas of Cameroon	Moderate	
	The provinces of Est, Extreme-Nord, Nord-Ouest, and Sud-Ouest	High	
Canada	The entire country of Canada	Low	
Cabo Verde	The entire country of Cabo Verde	Moderate	
Cayman Islands (UK)	The entire country of Cayman Islands	Minimal	
Central African Republic	The entire country of Central African Republic	Extreme	
Chad	The entire country of Chad	High	
Chile	All other areas of Chile	Low	
	The provinces of Aisen del General Carlos Ibanez del Campo, Araucania, Bio-Bio, Los Lagos, Magallanes y Antartica Chilena, and Valparaiso; the cities of Santiago and Valparaiso	Moderate	
China	All other areas of China	Low	
	The provinces of Fujian, Guangdong, Guangxi, Guizhou, Hainan, Qinghai, Sichuan, Yunnan, and Zhejiang; the city of Lhasa	Moderate	

	The province of Xinjiang Uygur	High	
Colombia	All other areas of Colombia	Moderate	
	The province of Choco	High	
Comoros	The entire country of Comoros	Moderate	
Congo, Republic of the Congo	All other areas of Congo	Moderate	
	The provinces of Likouala and Pool	High	
Cook Islands	The entire country of Cook Islands	Low	
Costa Rica	The entire country of Costa Rica	Low	
Côte d'Ivoire	All other areas of Côte d'Ivoire	Moderate	
	The province of Savanes	High	
Croatia	The entire country of Croatia	Low	
Cuba	The entire country of Cuba	Moderate	Subject to CU Travel Restrictions.
Curaçao	The entire country of Curaçao	Low	
Cyprus	The entire country of Cyprus	Moderate	
Czech Republic	The entire country of Czech Republic	Low	
Democratic Republic of the Congo	All other areas of Congo (DRC)	High	Subject to CU Travel Restrictions.
	The city of Goma; the provinces of Nord-Kivu and Sud-Kivu	Extreme	
Denmark	The entire country of Denmark	Low	
Djibouti	All other areas of Djibouti	Moderate	
	The provinces of Ali Sabieh and Obock	High	
Dominica	The entire country of Dominica	Low	
Dominican Republic	The entire country of Dominican Republic	Moderate	
Ecuador	The entire country of Ecuador	Moderate	
Egypt	All other areas of Egypt	High	
	The provinces of El-Arish and North Sinai	Extreme	
El Salvador	The entire country of El Salvador	Moderate	
Equatorial Guinea	The entire country of Equatorial Guinea	Moderate	
Eritrea	The entire country of Eritrea	High	
Estonia	The entire country of Estonia	Low	
Eswatini	The entire country of Eswatini	Moderate	
Ethiopia	The entire country of Ethiopia	High	
Faroe Islands	The entire country of the Faroe Islands	Minimal	
Fiji	The entire country of Fiji	Moderate	
Finland	The entire country of Finland	Low	

France	All other areas of France	Low	
	The city of Paris	Moderate	
French Guiana (France)	The entire country of French Guiana	Moderate	
French Polynesia	The entire country of French Polynesia	Moderate	
Gabon	The entire country of Gabon	Moderate	
Gambia	The entire country of the Gambia	Moderate	
Georgia	All other areas of Georgia	Moderate	
	The provinces of Imereti, Mtskheta-Mtianeti, Racha-Lechkhumi-Kvemo Svaneti, and Shida Kartli	High	
Germany	The entire country of Germany	Low	
Ghana	The entire country of Ghana	Moderate	
Gibraltar (UK)	The entire country of Gibraltar	Minimal	
Greece	The entire country of Greece	Moderate	
Greenland (Denmark)	All other areas of Greenland	Minimal	
	Nuuk	Moderate	
Grenada	The entire country of Grenada	Low	
Guadeloupe (France)	The entire country of Guadeloupe	Low	
Guam (US)	The entire country of Guam	Low	
Guatemala	All other areas of Guatemala	Moderate	
	The city of Guatemala City; the provinces of Izabal and Peten	High	
Guinea	The entire country of Guinea	High	
Guinea-Bissau	The entire country of Guinea-Bissau	High	
Guyana	The entire country of Guyana	Moderate	
Haiti	The entire country of Haiti	Extreme	
Honduras	All other areas of Honduras	Moderate	
	The city of Tegucigalpa; the province of Gracias a Dios	High	
Hong Kong	The entire country of Hong Kong	Low	
Hungary	The entire country of Hungary	Low	
Iceland	The entire country of Iceland	Low	
India	All other areas of India	Moderate	
	The province of Jammu and Kashmir	High	
Indonesia	All other areas of Indonesia	Moderate	
	The provinces of Central Sulawesi, North Sulawesi, and Papua	High	
Iran	The entire country of Iran	Extreme	Subject to CU Travel Restrictions.

Iraq	All other areas of Iraq	High	Subject to CU Travel Restrictions.
	The provinces of Al Anbar, Diyala, Salah al Din; the city of Mosul	Extreme	
Ireland	The entire country of Ireland	Low	
Israel	The entire country of Israel	High	Subject to CU Travel Restrictions.
Italy	The entire country of Italy	Low	
Jamaica	All other areas of Jamaica	Moderate	
	The province of Saint James	High	
Japan	The entire country of Japan	Low	
Jordan	The entire country of Jordan	Moderate	
Kazakhstan	The entire country of Kazakhstan	Moderate	
Kenya	All other areas of Kenya	High	
	The provinces of Garissa, Lamu, Mandera, and Wajir	Extreme	
Kiribati	The entire country of Kiribati	Low	
Kosovo	The entire country of Kosovo	Moderate	
Kuwait	The entire country of Kuwait	Moderate	
Kyrgyzstan	All other areas of Kyrgyzstan	Moderate	
	The provinces of Batken and Jalal-Abad	High	
Laos	The entire country of Laos	Moderate	
Latvia	The entire country of Latvia	Low	
Lebanon	The entire country of Lebanon	Extreme	
Lesotho	The entire country of Lesotho	Moderate	
Liberia	All other areas of Liberia	Moderate	
	The provinces of Gbapolu, Grand Cape Mount, Grand Gedeh, Lofa, Maryland, Nimba, and River Gee	High	
Libya	The entire country of Libya	Extreme	
Liechtenstein	The entire country of Liechtenstein	Minimal	
Lithuania	The entire country of Lithuania	Low	
Luxembourg	The entire country of Luxembourg	Low	
Macao (SAR)	The entire country of Macao (SAR)	Low	
Madagascar	The entire country of Madagascar	High	
Malawi	The entire country of Malawi	Moderate	
Malaysia	The entire country of Malaysia	Moderate	
Maldives	The entire country of Maldives	Moderate	
Mali	The entire country of Mali	Extreme	

Malta	The entire country of Malta	Low	
Marshall Islands	The entire country of Marshall Islands	Minimal	
Martinique (France)	The entire country of Martinique	Low	
Mauritania	All other areas of Mauritania	Moderate	
	The provinces of Adrar, Hodh ech Chargui, and Tiris Zemmour	High	
Mauritius	The entire country of Mauritius	Low	
Mayotte	The entire country of Mayotte	Moderate	
Mexico	All other areas of Mexico	Moderate	
	The states of Chihuahua, Coahuila, Colima, Durango, Guerrero, Leon, Michoacán, Morelos, Nuevo Leon, Sinaloa, Sonora, and Tamaulipas	High	
Micronesia	The entire country of Micronesia	Low	
Moldova	The entire country of Moldova	Moderate	
Monaco	The entire municipality of Monaco	Minimal	
Mongolia	The entire country of Mongolia	Moderate	
Montenegro	The entire country of Montenegro	Moderate	
Montserrat	The entire country of Montserrat	Low	
Morocco	The entire country of Morocco	Moderate	
Mozambique	All other areas of Mozambique	High	
	The city of Palma	Extreme	
Myanmar	The entire country of Myanmar	High	
Namibia	All other areas of Namibia	Low	
	The provinces of Karas, Kunene, Ohangwena, Omusati, and Zambezi	Moderate	
Nauru	The entire country of Nauru	Low	
Nepal	The entire country of Nepal	High	
Netherlands	The entire country of the Netherlands	Low	
New Caledonia (France)	The entire country of New Caledonia	High	
New Zealand	The entire country of New Zealand	Low	
Nicaragua	The entire country of Nicaragua	Moderate	
Niger	All other areas of Niger	High	
	The provinces of Agadez, Diffa, and Tillaberi	Extreme	
Nigeria	All other areas of Nigeria	High	
	Borno state	Extreme	
Niue	The entire country	Low	
North Korea	The entire country of North Korea	High	Subject to CU Travel Restrictions.

North Macedonia	The entire country of North Macedonia	Moderate	
Northern Mariana Islands	The entire country of Northern Mariana Islands	Low	
Norway	The entire country of Norway	Low	
Oman	The entire country of Oman	Moderate	
Pakistan	The entire country of Pakistan	High	
Palau	The entire country of Palau	Low	
Palestinian Territories	All Palestinian Territories	Extreme	Subject to CU Travel Restrictions.
Panama	The entire country of Panama	Moderate	
Papua New Guinea	All other areas of Papua New Guinea	High	
	The Southern Highlands province	Extreme	
Paraguay	The entire country of Paraguay	Moderate	
Peru	The entire country of Peru	Moderate	
Philippines	All other areas of the Philippines	Moderate	
	The provinces of Caraga, Davao and Soccskargen	High	
	The provinces of Bangsamoro Autonomous Region in Muslim Mindanao, Northern Mindanao, and Zamboanga del Sur	Extreme	
Pitcairn Islands	The entire country/territory of the Pitcairn Islands	Low	
Poland	The entire country of Poland	Low	
Portugal	The entire country of Portugal	Low	
Puerto Rico (US)	The entire country of Puerto Rico	Moderate	
Qatar	The entire country of Qatar	Moderate	
Réunion	The entire country of Réunion	Low	
Romania	The entire country of Romania	Moderate	
Russia	The entire country of Russia	High	Subject to CU Travel Restrictions.
Rwanda	The entire country of Rwanda	Moderate	
Saba (Netherlands)	The entire country of Saba	Low	
Saint Helena	The entire country of Saint Helena	Low	
Saint Kitts and Nevis	The entire country of St Kitts and Nevis	Low	
Saint Lucia	The entire country of St Lucia	Low	
Saint Martin (France)	The entire country of St Martin	Low	
Saint Vincent and the Grenadines	The entire country of Saint Vincent and the Grenadines	Low	
Samoa	The entire country of Samoa	Low	
San Marino	The entire country of San Marino	Minimal	
São Tomé and Príncipe	The entire country of São Tomé and Príncipe	Moderate	

Saudi Arabia	The entire country of Saudi Arabia	Moderate	
Senegal	The entire country of Senegal	Moderate	
Serbia	The entire country of Serbia	Moderate	
Seychelles	The entire country of Seychelles	Low	
Sierra Leone	The entire country of Sierra Leone	High	
Singapore	The entire country of Singapore	Minimal	
Sint Eustatius (Netherlands)	The entire country of St Eustatius Netherlands	Low	
Sint Maarten	The entire country/territory of Sint Maarten	Low	
Slovakia	All other areas of Slovakia	Low	
	The city of Bratislava	Moderate	
Slovenia	The entire country of Slovenia	Low	
Solomon Islands	The entire country of Solomon Islands	Moderate	
Somalia	The entire country of Somalia	Extreme	
South Africa	The entire country of South Africa	High	
South Korea	The entire country of South Korea	Low	
South Sudan	The entire country of South Sudan	Extreme	Subject to CU Travel Restrictions.
Spain	All other areas of Spain	Low	
	The city of Barcelona; the province of Catalonia	Moderate	
Sri Lanka	The entire country of Sri Lanka	Moderate	
Sudan	The entire country of Sudan	Extreme	Subject to CU Travel Restrictions.
Suriname	The entire country of Suriname	Moderate	
Sweden	The entire country of Sweden	Low	
Switzerland	The entire country of Switzerland	Low	
Syria	The entire country of Syria	Extreme	Subject to CU Travel Restrictions.
Taiwan	The entire country of Taiwan	Low	
Tajikistan	All other areas of Tajikistan	Moderate	
	The provinces of Districts of Republican Subordination, Gorno-Badakhshan, and Khatlon	High	
Tanzania	All other areas of Tanzania	Moderate	
	The province of Kigoma	High	
Thailand	All other areas of Thailand	Moderate	
	The provinces of Narathiwat, Pattani, Songkhla, and Yala	High	
Timor-Leste	The entire country of Timor-Leste (East Timor)	High	
Togo	The entire country of Togo	High	
Tonga	The entire country of Tonga	Low	

Trinidad and Tobago	The entire country of Trinidad and Tobago	Moderate	
Tunisia	All other areas of Tunisia	Moderate	
	The provinces of Kasserine and Kef	High	
Türkiye	All other areas of Türkiye	Moderate	
	The provinces of Batman, Bitlis, Diyarbakir, Elazig, Gaziantep, Hakkari, Hatay, Kilis, Mardin, Sanliurfa, Siirt, Sirnak, Tunceli, and Van	High	
Turkmenistan	The entire country of Turkmenistan	Moderate	
Turks and Caicos Islands	The entire country of Turks and Caicos Islands	Low	
Tuvalu	The entire country of Tuvalu	Low	
Uganda	All other areas of Uganda	Moderate	Subject to CU Travel Restrictions.
	The provinces of Abim, Adjumani, Amuru, Arua, Builisa, Bundibugyo, Bushenyi, Hoima, Kaabong, Kabarole, Kanungu, Kasese, Katakwi, Kisoro, Kitgum, Koboko, Kotido, Moroto, Moyo, Nakapiripirit, Nebbi, Rukungiri, and Sembabule	High	
Ukraine	The entire country of Ukraine	Extreme	Subject to CU Travel Restrictions.
United Arab Emirates (UAE)	The entire country of United Arab Emirates (UAE)	Moderate	
United Kingdom	All other areas of the UK	Low	
	Northern Ireland and the city of Belfast	Moderate	
United States Virgin Islands (USVI)	The entire USVI	Moderate	
Uruguay	The entire country of Uruguay	Low	
Uzbekistan	All other areas of Uzbekistan	Low	
	The province of Ferghana	High	
Vanuatu	The entire country of Vanatu	Moderate	
Vatican City	The entire country of Vatican City	Low	
Venezuela	The entire country of Venezuela	High	Subject to CU Travel Restrictions.
Vietnam	The entire country of Vietnam	Moderate	
Wallis and Futuna	The entire country/territory of Wallis and Futuna	Moderate	
Yemen	The entire country of Yemen	Extreme	Subject to CU Travel Restrictions.
Zambia	All other areas of Zambia	Moderate	
	The provinces of Coppbelt, Northern, and North-western province	High	
Zimbabwe	The entire country of Zimbabwe	High	